

## TEST SUBMISSION FORM

### INSTRUCTIONS:

#### Option 1: Email Your Test Submission Form

Complete and email this form to **info@testyourintolerance.com** and mail your hair sample with additional samples (where applicable) clearly labelled to the below postal address.

**OR**

#### Option 2: Mail Your Test Submission Form

Complete and mail your test submission with hair sample and additional samples (where applicable) clearly labelled to:

**The Intolerance Testing Group  
PO BOX 8164  
Castle Donington  
Derby  
DE74 2BZ  
United Kingdom**

**Now complete your Test Submission Form on next page...**



Office Use Only:  
Intolerance / Nutrition / Metal

## PLEASE COMPLETE THE FOLLOWING DETAILS:

### 1. PERSONAL DETAILS

Please enter the details of the person being tested:

Title: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Postcode / Zip Code: \_\_\_\_\_

Please provide an email address to receive test results:

Primary email address: \_\_\_\_\_

### 2. ABOUT YOUR ORDER

Name of Purchaser: \_\_\_\_\_ Transaction Number: \_\_\_\_\_

Date of Purchase: \_\_\_\_\_

Please clearly state your **ORDER NUMBER** and **POSTCODE / ZIPCODE** with additional samples and items for testing.

## **ABOUT YOUR INTOLERANCE TEST – PLEASE READ CAREFULLY:**

- We only require a few hairs for testing – 3 to 4 strands, if hair is longer than an inch
- We test any body hair
- Ideally, we prefer samples to include the hair root, however we understand it can be painful for many people. If cutting the hair, please ensure you cut as close to the root as possible
- Hair dye does not affect testing
- Once hair sample collected, please place strands into a small sealable bag ensuring the hair remains dry and secure during transit
- Place hair sample (with additional items for testing) in a secure envelope or postage wallet and post to the following address: **The Intolerance Testing Group, PO Box 8164, Castle Donington, Derby, DE74 2BZ, United Kingdom**
- We aim to return all test results within 7 - 10 working days (from date of receipt)

## **NOTES**

Please ensure correct postage is paid. Incorrect postage can cause major delays to the processing time. Additionally, The Intolerance Testing Group are not liable to pay these fees – your package may be returned.

Please ensure hair samples and additional items are sealed and clearly labelled.

Do not send hair samples in metal foil or other metallic packaging.

Please be careful not to include other items in the same bag as your hair sample as this can affect testing.

Unless arranged previously, we DO NOT post items in the mail. We simply require your hair sample and items for testing.

Please ensure you have completed all details correctly.

## **CONTACT US**

If you any questions regarding your order or testing process – please contact us during office hours (Monday to Friday – 9am to 5pm GMT).

UK telephone: 01332 850 930

Email: [info@testyourintolerance.com](mailto:info@testyourintolerance.com)